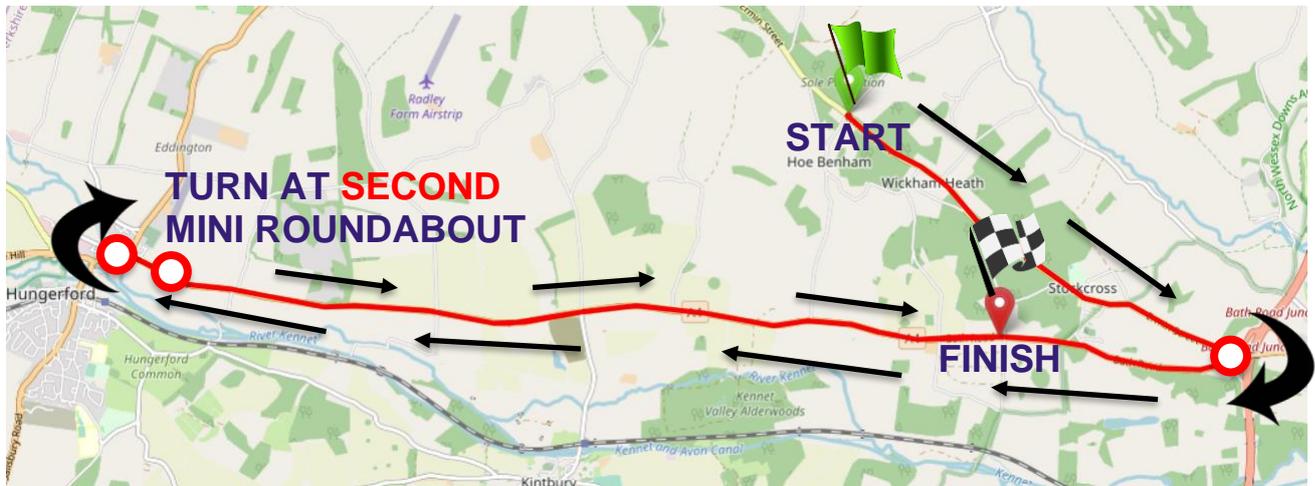


NEWBURY VELO

Newbury Velo Open 15 Mile Time Trial 21 August 2022

Date:	21 August 2022	Registration opens:	07:15
Start Time:	08:30	Course:	H15/3
Race Director:	Rachael Elliott	Tel:	07931 722817
		Email:	rachael.elliott@gmail.com
On the day contact:	Glen Knight	Tel:	07766 831267
Time Keepers:	Bob Lyle (Newbury RC) & Maggie Smith (North Hants RC)		
First Aider:	Glen Knight		
Helpers/Marshalls:	Members of Newbury Velo Cycling Club		
HQ Location:	Boxford Village Hall Lambourn Road, Boxford Newbury, RG20 8DD		



**PLEASE ENSURE YOU HAVE A WORKING FRONT
AND REAR LIGHT**

IF YOU ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO NOT COME TO THIS EVENT. WE LOVE PROMOTING EVENTS, BUT WE ALSO WANT TO FINISH THE SUMMER VIRUS FREE. THANK YOU!

*This event is run under CTT regulations which can be found here:
<https://www.cyclingtimetrials.org.uk/>*

1. Event HQ

Boxford Village Hall is the event HQ. There will be toilet facilities available.

We are very lucky that the farmer in the field adjacent to the hall has kindly agreed to move his sheep so we can use it for parking.



2. Sign-On

Sign-on will be open from 07:15 onwards. Please remember to sign in AND out in order for your result to stand.

If you will not be attending then please let us know by messaging the organiser, Rachael Elliott, on 07931 722817.

3. Course Detail

Description	Distance
START on the B4000 at the junction of the High Street, Hoe Benham.	0.000
Proceed south-eastward on the B4000 to the roundabout at the junction with the A4	
Take the 3rd exit at the roundabout to join the A4 westbound, toward Hungerford.	2.750
Proceed westward to the mini-roundabout at the junction with the A338.	9.500
Continue along the A4 to the Charnham Park roundabout.	9.600
Circle the roundabout to take the 3rd exit and retrace on the A4 eastbound	9.700
Continue eastbound on the A4 to the mini-roundabout at the junction with the A338	
Continue eastbound on the A4 eastbound (CARE with approaching traffic crossing the A4 onto the A338 and traffic emerging from the A338 onto the A4) to a point approaching Gravel Hill at the London 50-mile post where FINISH	15.000

Please take care approaching the turn (the SECOND mini-roundabout) at Hungerford as this will be the busiest section for traffic (when we say busy, there may be a couple of cars at the roundabout). Anyone seen flaunting traffic regulations at this point will be **reported by marshals** which could **result in a DQ and a report to the London West District Committee**.

Strava segment: <https://www.strava.com/segments/25734856>

Streetview Start:

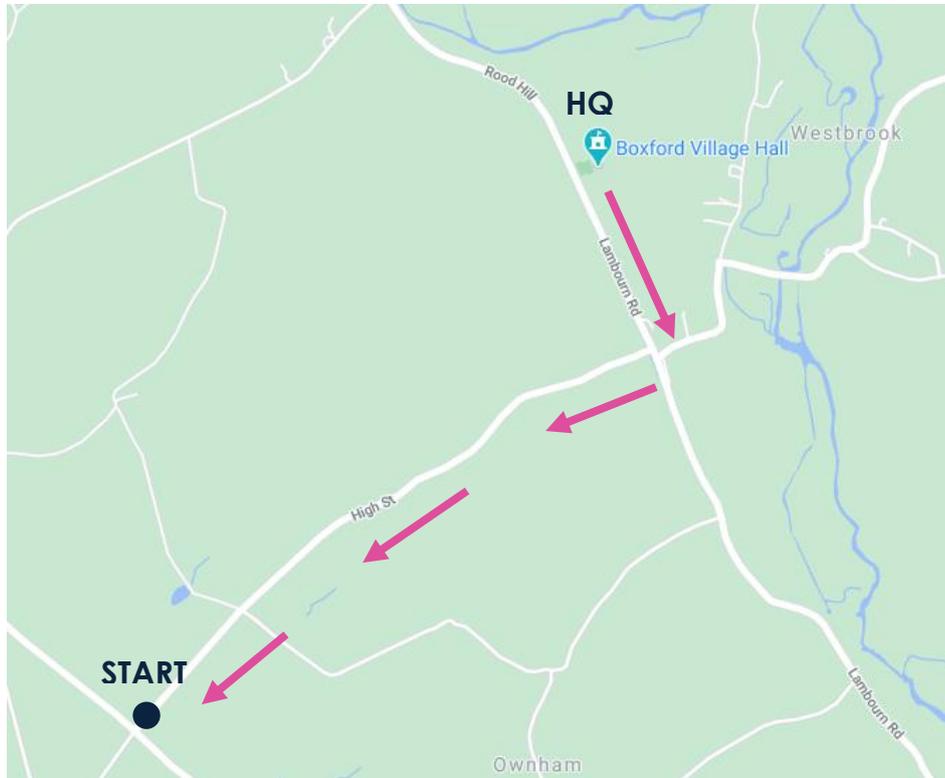
<https://goo.gl/maps/twTxk5DRmSBbE3dv6>

Streetview finish:

<https://goo.gl/maps/oVes4UNhwhDMXoeP6>

4. Getting to the start

Please allow **10 minutes** to ride to the start. It's only 1.3 miles, but it's up a hill! Turn left out of HQ and follow the road down to the crossroads in Boxford. Turn right at the crossroads and climb the hill to the start (it's called "High Street" but it is just a country lane. No Matalan here, I'm afraid). The start is at the end of this road at the T-junction to the B4000.



5. Race Protocol

Riders are not permitted to ride on course with a number on their back. There are plenty of other roads (we suggest the Lambourn Road) where warm up is possible without riding on the course (it's a lot prettier, too). Please be mindful of racers when arriving by bicycle.

You will be checked at the start that you have your number attached correctly, are wearing a helmet and have a **working front AND rear light**. **If any of these are missing you will not be permitted to race.**

Make it easy for the finish time keepers, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason.

When you are warming up and going to the start, PLEASE take care with other pedestrians/cars in the village. Another race earned some complaints last

year, and we have been instructed to ask riders to ride with due care and attention.

6. Race Results

Race results will be available at HQ, and will remain provisional until verified by the official timekeepers.

7. Refreshments

There will be plenty of cake and coffee available at HQ post-race. Please donate generously as all proceeds go into funding the club's **children's coaching programme**.

8. Start List

Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else.

9. Vehicles on course

Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

Ride Safe. Ride Strong. **Thank you for your support!**

APPENDIX A - Start List

Solo			
No.	Start Time	Name	Club
1	08:31	Lisa Boorman	Newbury Velo
2	08:32	Wayne Baker	Team Echelon
3	08:33	Tim Beckett	Newbury Velo
4	08:34	Michael Murkin	Swindon Road Club
5	08:35	Geoff Booker	Oxonian CC
6	08:36	Thomas Bennett	Newbury Velo
7	08:37	Rachel Green	Cheltenham & County Cycling Club
8	08:38	Rhian Salmon	Newbury Velo
9	08:39	John Howells	Corinium Cycle Club
10	08:40	Rachel Waite	North Hampshire RC
11	08:41	Lucia Borradaile	CC Weymouth
12	08:42	John J Murphy	Gloucester City Cycling Club
13	08:43	Neil Druce	Didcot Phoenix CC
14	08:44	Stu Carver	North Hampshire RC
15	08:45	Eimear D'Arcy	Woking Cycling Club
16	08:46	Jeff King	Oxonian CC
17	08:47	Caroline Nottage	Army Cycling
18	08:48	Nathanael Thould	Icknield RC
19	08:49	Joy Payne	High Wycombe CC
20	08:50	David Phillips	New Forest CC
21	08:51	Peter Iffland	Chippenham & District Wheelers
22	08:52	Chris Lowe	Swindon Road Club

23	08:53	Cliff Voller	Newbury RC
24	08:54	Ben Walker	ZeroBC Race Team
25	08:55	Ian Radburn	Oxonian CC
26	08:56	David Das	Bradford-on-Avon Cycling Club
27	08:57	Laura Pittard	Brother Uk - Team OnForm
28	08:58	Sarah Matthews	...a3crg
29	08:59	Andrew Payne	Maidenhead & District CC
30	09:00	Tim Baggs	Velo Club Flintham
31	09:01	Rob Vessey	Pankhurst Cycles
32	09:02	Gareth Daniels	Icknield RC
33	09:03	Alan Allcock	Didcot Phoenix CC
34	09:04	Hans Nilsson	London Phoenix CC
35	09:05	Stuart Gillies	Twickenham CC
36	09:06	Melanie Sneddon	TORQ Performance
37	09:07	Mark Halliday	North Bucks RC
38	09:08	Malcolm Rose	ZeroBC Race Team
39	09:09	Stan Nwaka	Verulam Really Moving
40	09:10	Jack Smy	Abingdon Race Team
41	09:11	Gary Paddon	Swindon Wheelers
42	09:12	Ragnar Laan	Twickenham CC
43	09:13	Kate Allan	Team Bottrill
44	09:14	Sam Smith	Bath Cycling Club
45	09:15	Mike Boyce	...a3crg
46	09:16	Christopher Edginton	ZeroBC Race Team
47	09:17	Gareth Williams	Twickenham CC

48	09:18	Eva Zsigoova	...a3crg
49	09:19	Ian Braybrook	Basildon CC
50	09:20	Howard Waller	Python RT
51	09:21	Angela Carpenter	...a3crg
52	09:22	Kenneth Brown	Velo Club Cumbria
53	09:23	Steven Cottington	Bath Cycling Club
54	09:24	Simon Smart	DRAG2ZERO
55	09:25	Matt Boulton	Swindon Wheelers
56	09:26	James Fawcett	...a3crg
57	09:27	Kevin Tye	VeloRefined Rule 5
Tandem			
58	09:28	Mary Corbett	Sotonia CC
		Norman Harvey	Sotonia CC
59	09:29	Stuart Martingale	Sotonia CC
		Skye Martingale	Sotonia CC
60	09:30	Andy Tucker	Newbury Velo
		Richard Cornes	Newbury Velo
61	09:31	Ian Greenstreet	Newbury Velo
		Rachael Elliott	Newbury Velo

Prizes:

First man:	£25	First woman:	£25	First veteran on standard:	£25
Second man:	£15	Second woman:	£15	Second veteran on std:	£15
Third man:	£10	Third man:	£10	Third veteran on std:	£10
First tandem:	£25	First team:	£10 each		

PLEASE STAY AROUND AFTER THE EVENT HAS FINISHED FOR AN AWARDS CEREMONY – THERE IS PLENTY OF CAKE TO ENJOY!

ALL COFFEE AND CAKE DONATIONS WILL DIRECTLY GO TOWARDS FUNDING OUR CHILDREN'S COACHING PROGRAMME



NEWBURY VELO

- Organised group rides with competent, qualified, 1st aid trained and DBS checked ride leaders. Road and off-road opportunities available.
- Organised coaching sessions by British Cycling qualified coaches from specialist beginner coaching, ladies' specific, youth and race/track sessions.
- Frequent velodrome trips for all levels from those that have never ridden velodrome to national track champions.
- Participate in team events in local sportives, time trials and online with Zwift.
- Opportunities to volunteer for national events, coaching and racing. Training offered where appropriate.
- Members only social events. Virtual cycling, BBQs, awards evening, and more...
- Off-bike workshops. Bike maintenance, nutrition presentations.
- Access to member exclusive benefits. Discounts at local businesses, Zwift virtual cycling club kit, discounted custom club kit from Kalas.
- Members' only Facebook and Strava groups where members can share achievements, goals, general banter & support from a wealth of experience from all walks of cycling.
- Help and advice on things to consider when commuting.
- Family-friendly club with rides and events for all the family.
- Activities just for the kids! Children of up to 7 can join as a 'Velomite' and children of 8-15 can take out junior membership. Activities for tiny tots on balance bikes all the way up racing activities for children with a competitive streak.
- Get commuting savvy! Hints and tips to make commuting by bike easy and accessible, from 'what to do if you get a puncture' through to 'choosing the best women's saddle for commuting'.

BUT MORE THAN THIS, IT'S A PLACE FOR EVERYONE WHO ENJOYS THEIR CYCLING

FOR MORE INFORMATION OR TO JOIN

email: info@newburyvelo.cc

or visit: www.newburyvelo.cc

www.facebook.com/newburyvelo